

MISD 2020 Summer Feeding Breakfast Menu



Breakfast Menu

MONDAY

Whole Grain Cereal Bar
100% Juice Or Fruit Cup
White Milk

TUESDAY

Whole Grain Muffin
100% Juice Or Fruit Cup
White Milk

WEDNESDAY

Whole Grain Poptart (1 count)
100% Juice Or Fruit Cup
White Milk

THURSDAY

Cereal Bowl Pack
100% Juice Or Fruit Cup
White Milk

Friday

Mini Pancake or Waffle
100% Juice Or Fruit Cup
White Milk

Free Meals THIS SUMMER AGES 18 AND YOUNGER

Dial 2-1-1 or text "FOOD" to 877-877 to find a Meet Up and Eat Up summer site in your neighborhood. Meals are healthy, tasty and available at parks, libraries and schools.

Saturday

Apple Way Oatmeal Bar
100% Juice Or Fruit Cup
White Milk

Sunday

Whole Grain Betty Crocker Bar
100% Juice Or Fruit Cup
White Milk

MEET UP™
and
EAT UP

Healthy food
to fuel your summer.

Menu items are subject to change depending on availability.

This institution is an equal opportunity provider.